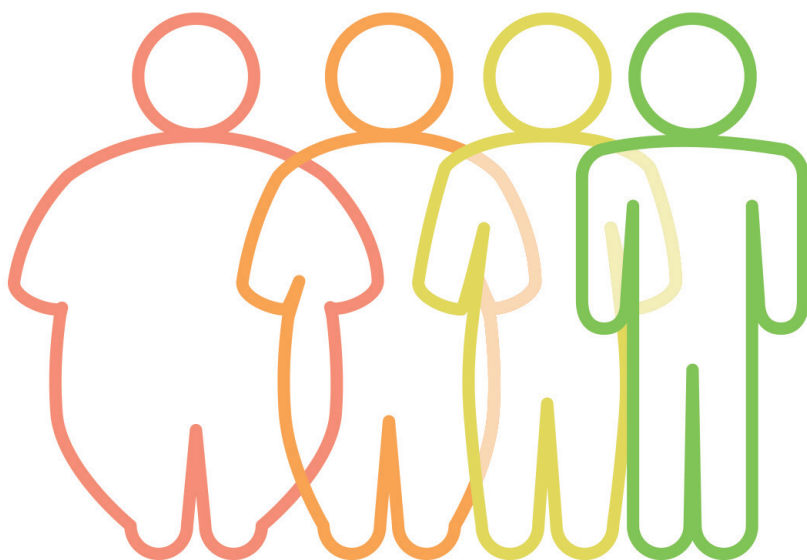




9TH CROATIAN CONGRESS ON OBESITY



& 4th ADRIATIC SYMPOSIUM ON OBESITY

APRIL 24TH – 26TH 2026
CONGRESS CENTER GERVAIS OPATIJA

FRIDAY | April 24th 2026

HALL A

- 11:00-11:15 Obesity 2026 | Davor Štimac
- 11:15-11:30 Welcome Speeches and Opening Remarks
- 11:30-11:45 EASO – Vision, Mission and Current Activities |
Volkan Demirhan Yumuk
- 11:45-12:00 Obesity in Childhood 2026 | Sanja Musić Milanović
- 12:00-12:30 **Round table: Patient Stories I**
- 12:30-12:45 MEPs for Action on Obesity and Cardiovascular Diseases |
Romana Jerković
- 12:45-13:00 EASO – Visionary Framework on Obesity Actions | Jennifer Baker
- 13:00-14:00 Satellite Symposium
- 14:00-15:00 **Lunch Break**
- 15:00-16:00 Satellite Symposium
- 16:00-16:30 Satellite Symposium
- 16:30-17:00 **Debate I: Mediterranean Diet vs Low Carbohydrate High Fat Diet**
Moderator Željko Krznarić
Martina Linarić; Josipa Radić / Ana-Marija Liberati Pršo; Ivan Kruljac
- 17:00-17:30 **Coffee Break**
- 17:30-17:45 People-First Language: Importance and Practices | Maja Baretić
- 17:45-18:00 Obesity and Cognitive Functions | Vida Demarin
- 18:00-18:15 Psychodynamics of Obesity | Darko Marčinko
- 18:15-18:30 Obesity Stigma – Causes, Consequences and Potential Solutions |
Alessandra Pokrajac Bulian

- 18:30-18:45 Correlation of Lipid Profile and Obesity | Peter Lansberg
- 18:45-19:00 The Principles of Dosing, Response Variability, and Dose Individualization Challenges in Obesity | Hesham Al-Sallami
- 19:00-19:15 Obesity and Cardiovascular Risk | Davor Miličić
- 19:15-19:30 Do You Know Your Number? | Ivan Pećin

SATURDAY | April 25th 2026

HALL A

- 09:00-09:15 Healthy Weight Loss Programs in Obesity Treatment | Viktor Peršić
- 09:15-09:30 Anti-Obesity Molecules in the Next Decade | Andrea Ciudin Mihai
- 09:30-09:45 A New Framework for the Diagnosis and Staging of Obesity in Adults | Luca Busetto
- 09:45-10:00 Framework for the Pharmacological Treatment of Obesity and Complications From the EASO | Brabara McGowan
- 10:00-10:15 The Trojan Horse of Off-Label GLP-1 RA Use: Protecting Patients Through Responsible Practice | Andrej Belančić
- 10:15-10:30 Interconnection Between Obesity and Diabetes Pharmacological Treatment | Dario Rahelić
- 10:30-10:45 Interdisciplinary Framework: Cardio-Kidney-Metabolic Pharmacotherapy | Bojan Jelaković
- 10:45-11:00 Adverse Effects of GLP-1 RA: Meta-Analysis and Beyond | Dan Dumitrascu
- 11:00-11:30 Coffee Break
- 11:30-12:15 Satellite Symposium

- 12:15-13:00 Satellite Symposium
- 13:00-13:30 Meeting of The Members of The Croatian Society of Obesity
- 13:30-14:30 **Lunch Break**
- 14:30-15:00 Satellite Symposium
- 15:00-15:30 Satellite Symposium
- 15:30-16:00 Satellite Symposium
- 16:00-16:30 **Debate II:** Specialists in The Management of Obesity vs Primary Care
Moderator Sanja Klobučar
Tamara Turk Wensveen; Davor Miličić / Leonardo Bressan;
Dragan Soldo
- 16:30-16:45 Lifestyle Management of Obesity in Children | Orjena Žaja
- 16:45-17:00 Pharmacological Management of Obesity in Children | Tadej Batelino
- 17:00-17:30 **Coffee Break**
- 17:30-17:45 Obesity and MASLD /MASH | Davor Štimac
- 17:45-18:00 Diagnostic Approach to Steatotic Liver – Comparison Between
Methods | Ivica Grgurević
- 18:00-18:15 Sarcopenic Obesity in Liver Disease | Tamara Milovanović
- 18:15-18:30 Gut Microbiome and MASLD | Ludovico Abenavoli
- 18:30-18:45 Is There Any Role of Probiotics in Obesity? | Giuseppe Guido Maria
Scarlata
- 18:45-19:15 **Debate III:** Surgery vs Pharmacotherapy in Class III Obesity
Moderator Valerija Bralić Lang
Alen Pajtak; Davor Mendrila / Sanja Klobučar; Tomislav Božek

HALL B

- 09:00-09:15 Combining Bariatric Surgery with Pharmacotherapy | Domagoj Vergles
- 09:15-09:30 Follow-Up Before and After Bariatric Procedures: Internal Medicine Perspective | Gorana Mirošević
- 09:30-10:00 **Round table: Bariatric Surgery** | Alen Pajtak, Davor Mendrila, Tihomir Grgić, Fuad Pašić, Miroslav Bekavac Bešlin
- 10:00-10:15 Lifestyle Medicine in the Era of Highly Effective Anti-Obesity Pharmacotherapy | Lovorka Bilajac
- 10:15-10:30 Vascular Health and Ageing in Obesity | Ana Jelaković
- 10:30-10:45 SCORE Risk in Metabolically Healthy Versus Metabolically Unhealthy Obesity | Martina Matovinović
- 10:45-11:00 Influence of Obesity Management on Rheumatological and Immunological Disease Control | Mislav Radić
- 11:00-11:30 Coffee Break
- 11:30-12:15 Adriatic Symposium
- 12:15-13:00 **Round Table: Anthropologic, Pediatric and Gynecological Thoughts on Obesity** | Saša Missoni, Mladen Peršić, Radenka Kuzmanić Šamija, Silvije Šegulja, Tea Štimac, Dinka Pavičić Baldani
- 13:00-13:30 Public Health Action and Hands-on Workshop (Students) Involving Students in Public Health Activities – Hunt on the Silent Killers
- 13:30-14:30 Lunch Break
- 14:30-16:00 Early Career and Student Poster Session
- 16:00-17:00 **Round Table: Patient Stories II**
- 17:00-17:30 Coffee Break

Early Career Symposium

- 17:30-17:40 Welcome Speech
- 17:40-17:50 Obesity-Induced Hypertension | Marijana Vučković
- 17:50-18:00 Epidemiology of Overweight and Obesity in Croatia - EH-UH 2 | Mihaela Marinović Glavić
- 18:00-18:10 Sleep Apnea in Obesity and Comorbidities | Marija Rogoznica
- 18:10-18:20 Eating Disorders and Obesity | Filip Mustač
- 18:20-18:30 Genetic Causes of Obesity | Marija Troskot
- 18:30-18:40 Endoscopic Approaches in the Treatment of Obesity | Paul Grama
- 18:40-19:40 Student Oral Presentations

SUNDAY | April 26th 2026

HALL A

- 09:00-09:15 Social media and Nutritional Advices | Mirela Marić
- 09:15-09:30 Obesity and Media Literacy | Sanja Kocijančić Petričević
- 09:30-09:45 Potentials of Artificial Intelligence in Obesity Care | Robert Likić
- 09:45-10:00 Beyond Artificial Intelligence: Envisioning The Role of Digital Twins in Obesity and Cardiometabolic Care | Andrej Belančić
- 10:00-10:15 The Role of Pharmacists in Obesity Management - Impacts on Outcomes and Costs | Ana Soldo
- 10:15-10:30 Pharmacoeconomics of Obesity | Dinko Vitezić
- 10:30-10:45 Effective Strategies and a Ten-Point Plan for Cardio-Kidney - Metabolic Health in Croatia | Bojan Jelaković
- 10:45-11:00 Final Messages – Obesity in Croatia: 2030s Projections | Davor Štimac

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ORGANIZER

Croatian Society of Obesity of Croatian Medical Association
<https://drustvozadebljiniu.hr/>

TECHNICAL ORGANIZER

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Registration:

