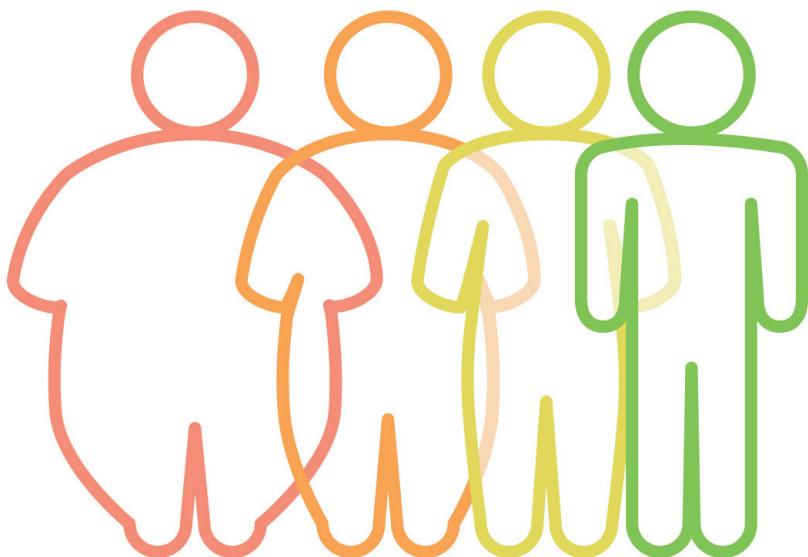


# 9<sup>TH</sup> CROATIAN CONGRESS ON OBESITY



& 4<sup>th</sup> ADRIATIC SYMPOSIUM ON OBESITY

APRIL 24<sup>TH</sup> – 26<sup>TH</sup> 2026  
CONGRESS CENTER GERVERAIS OPATIJA

# FRIDAY | April 24<sup>th</sup> 2026

## HALL A

11:00-11:15 Obesity 2026 | Davor Štimac

11:15-11:30 Welcome Speeches and Opening Remarks

11:30-11:45 EASO – Vision, Mission and Current Activities | Volkan Demirhan Yumuk

11:45-12:00 Obesity in Childhood 2026 | Sanja Musić Milanović

12:00-12:30 **Round table: Patient Stories I**

12:30-12:45 MEPs for Action on Obesity and Cardiovascular Diseases | Romana Jerković

12:45-13:00 EASO – Visionary Framework on Obesity Actions | Jennifer Baker

13:00-14:00 Satelite Symposium

14:00-15:00 **Lunch Break**

15:00-16:00 Satelite Symposium

16:00-16:30 Satelite Symposium

16:30-17:00 **Debate I:** Mediterranean Diet vs Low Carbohydrate High Fat Diet  
Moderator Željko Krznarić  
Martina Linarić; Josipa Radić / Ana-Marija Liberati Pršo; Ivan Kruljac

17:00-17:30 **Coffee Break**

17:30-17:45 People-First Language: Importance and Practices | Maja Baretić

17:45-18:00 Obesity and Cognitive Functions | Vida Demarin

18:00-18:15 Psychodynamics of Obesity | Darko Marčinko

18:15-18:30 Obesity Stigma – Causes, Consequences and Potential Solutions | Alessandra Pokrajac Bulian



18:30-18:45 Correlation of Lipid Profile and Obesity | Peter Lansberg

18:45-19:00 The Principles of Dosing, Response Variability, and Dose Individualization Challenges in Obesity | Hesham Al-Sallami

19:00-19:15 Obesity and Cardiovascular Risk | Davor Miličić

19:15-19:30 Do You Know Your Number? | Ivan Pećin

## SATURDAY | April 25<sup>th</sup> 2026

### HALL A

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09:00-09:15 Healthy Weight Loss Programs in Obesity Treatment | Viktor Peršić

09:15-09:30 Anti-Obesity Molecules in the Next Decade | Andrea Ciudin Mihai

09:30-09:45 A New Framework for the Diagnosis and Staging of Obesity in Adults | Luca Busetto

09:45-10:00 Framework for the Pharmacological Treatment of Obesity and Complications From the EASO | Brabara McGowan

10:00-10:15 The Trojan Horse of Off-Label GLP-1 RA Use: Protecting Patients Through Responsible Practice | Andrej Belančić

10:15-10:30 Interconnection Between Obesity and Diabetes Pharmacological Treatment | Dario Rahelić

10:30-10:45 Interdisciplinary Framework: Cardio-Kidney-Metabolic Pharmacotherapy | Bojan Jelaković

10:45-11:00 Adverse Effects of GLP-1 RA: Meta-Analysis and Beyond | Dan Dumitrescu

11:00-11:30 **Coffee Break**

11:30-12:15 Satelite Symposium

12:15-13:00 Satelite Symposium

13:00-13:30 Meeting of The Members of The Croatian Society of Obesity

**13:30-14:30 Lunch Break**

14:30-15:00 Satelite Symposium

15:00-15:30 Satelite Symposium

15:30-16:00 Satelite Symposium

16:00-16:30 **Debate II:** Specialists in The Management of Obesity vs Primary Care  
Moderator Sanja Klobučar  
Tamara Turk Wensveen; Davor Miličić / Leonardo Bressan;  
Dragan Soldo

16:30-16:45 Lifestyle Management of Obesity in Children | Orjena Žaja

16:45-17:00 Pharmacological Management of Obesity in Children | Tadej Batelino

**17:00-17:30 Coffee Break**

17:30-17:45 Obesity and MASLD /MASH | Davor Štimac

17:45-18:00 Diagnostic Approach to Steatotic Liver – Comparison Between Methods | Ivica Grgurević

18:00-18:15 Sarcopenic Obesity in Liver Disease | Tamara Milovanović

18:15-18:30 Gut Microbiome and MASLD | Ludovico Abenavoli

18:30-18:45 Is There Any Role of Probiotics in Obesity? | Giuseppe Guido Maria Scarlata

18:45-19:15 **Debate III:** Surgery vs Pharmacotherapy in Class III Obesity  
Moderator Valerija Bralić Lang  
Alen Pajtak; Davor Mendrila / Sanja Klobučar; Tomislav Božek

## HALL B

09:00-09:15 Combining Bariatric Surgery with Pharmacotherapy | Domagoj Vergles

09:15-09:30 Follow-Up Before and After Bariatric Procedures: Internal Medicine Perspective | Gorana Mirošević

09:30-10:00 **Round table: Bariatric Surgery** | Alen Pajtak, Davor Mendrilja, Tihomir Grgić, Fuad Pašić, Miroslav Bekavac Bešlin

10:00-10:15 Lifestyle Medicine in the Era of Highly Effective Anti-Obesity Pharmacotherapy | Lovorka Bilajac

10:15-10:30 Vascular Health and Ageing in Obesity | Ana Jelaković

10:30-10:45 SCORE Risk in Metabolically Healthy Versus Metabolically Unhealthy Obesity | Martina Matovinović

10:45-11:00 Influence of Obesity Management on Rheumatological and Immunological Disease Control | Mislav Radić

11:00-11:30 **Coffee Break**

11:30-12:15 Adriatic Symposium

12:15-13:00 **Round Table: Anthropologic, Pediatric and Gynecological Thoughts on Obesity** | Saša Missoni, Mladen Peršić, Radenka Kuzmanić Šamija, Silvije Šegulja, Tea Štimac, Dinka Pavičić Baldani

13:00-13:30 Public Health Action and Hands-on Workshop (Students)  
Involving Students in Public Health Activities – Hunt on the Silent Killers

13:30-14:30 **Lunch Break**

14:30-16:00 Early Career and Student Poster Session

16:00-17:00 **Round Table: Patient Stories II**

17:00-17:30 **Coffee Break**

## Early Career Symposium

17:30-17:40 Welcome Speech

17:40-17:50 Obesity-Induced Hypertension | Marijana Vučković

17:50-18:00 Epidemiology of Overweight and Obesity in Croatia - EH-UH 2 | Mihaela Marinović Glavić

18:00-18:10 Sleep Apnea in Obesity and Comorbidities | Marija Rogoznica

18:10-18:20 Eating Disorders and Obesity | Filip Mustač

18:20-18:30 Genetic Causes of Obesity | Marija Troskot

18:30-18:40 Endoscopic Approaches in the Treatment of Obesity | Paul Grama

18:40-19:40 Student Oral Presentations

## SUNDAY | April 26th 2026

### HALL A

09:00-09:15 Social media and Nutritional Advices | Mirela Marić

09:15-09:30 Obesity and Media Literacy | Sanja Kocijančić Petričević

09:30-09:45 Potentials of Artificial Intelligence in Obesity Care | Robert Likić

09:45-10:00 Beyond Artificial Intelligence: Envisioning The Role of Digital Twins in Obesity and Cardiometabolic Care | Andrej Belančić

10:00-10:15 The Role of Pharmacists in Obesity Management - Impacts on Outcomes and Costs | Ana Soldo

10:15-10:30 Pharmacoconomics of Obesity | Dinko Vitežić

10:30-10:45 Effective Strategies and a Ten-Point Plan for Cardio-Kidney - Metabolic Health in Croatia | Bojan Jelaković

10:45-11:00 Final Messages – Obesity in Croatia: 2030s Projections | Davor Štimac



## ORGANIZER

Croatian Society of Obesity of Croatian Medical Association

<https://drustvozadebljinu.hr/>

## TECHNICAL ORGANIZER

O-Tours PCO d.o.o.

[www.otours.hr](http://www.otours.hr)

<https://events.otours.hr/6DEB2604>

Tatjana Koprlja +385 (0)989805716

Registration:

